



Northwood-Kensett Community School District VIKING DISPATCH

October 2019

Creating healthy, educated, ethical and productive citizens.

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John Anderson

FROM THE DESK OF MR. CROZIER

Viking Activity Center Progress:

As you may know, the school board has committed 4 million dollars for the construction of an activity center to be built at the secondary site. We have a community group that is trying to raise another 1.4 million to enhance this project. This facility will be a multi-use facility for physical education classes, athletic practices, fitness and meeting space. I would like to answer some questions that continue to come up as this project is being discussed.

Q: If the fundraising committee does not raise the 1.4 million will the facility still be open to the public?

A: Yes, the model we have always been interested in has been a facility that is open to community members through a very affordable membership and a rental fee for groups. This is part of how we will help pay for day to day operation of the facility.

Q: Will the public be allowed to use the facility at all times that it is open?

A: Yes, although there will be times when part of the facility is closed for team practices or classes.

Q: Will my property taxes raise due to the building of this facility?

A: No, the 4 million dollars is being borrowed from the Secure and Advanced Vision for Education (One cent sales tax) that has been in place since 2008.

Q: Will my property taxes be raised to fund the operation of the facility?

A: No, this is not possible through current property taxation.

Q: Why don't we just ask the WCDA for money for this project?

A: The WCDA allocates a specific amount of money every year towards education. It is part of their guidelines that they do not give any other grants to education. We will use some of that yearly money towards the facility.

If you have questions regarding the facility, please contact me at the school at 641-324-2021 or by email mcrozier@nkvikings.com. If you are interested in giving to this project please see the brochure in the newsletter.

Pillar of the Month Awards

SEPTEMBER PILLAR OF THE MONTH AWARDS FOR GRADES 3-6.
Students chosen for this award get to have lunch with Mr. Costello and are presented an award. This is a special award for students to receive that are exhibiting quality character traits awarded by their teacher each month.



Grades 3 & 4

April third and fourth grade Pillar of the Month students chosen by their teacher for exhibiting quality character traits.

MACI SMITH- Ms. Seehusen
MIA FIEROVA- Mr. Einertson
CHLOE WOODS - Mrs. Hill
TEGA TRENHAILE - Mrs. Ubben

If you see these students out and about, please take a moment to congratulate them for a job well done.

April fifth and sixth grade Pillar of the Month students chosen by their teachers for exhibiting quality character traits.

DAGEN PETERSON- Ms. Hagen
ALEX TIEDEMANN- Ms. Orvedal
KALE BODE- Mr. Parks
LIBERTY PAULSEN- Mr. Severson

If you see these students out and about, please take a moment to congratulate them for a job well done.



Grades 5 & 6

FROM THE DESK OF MR. BRIAN COSTELLO, ELEMENTARY PRINCIPAL**October is the month for safety weeks...**

“Not Every Hero Wears a Cape. Plan and Practice Your Escape.” This is the theme for the 2019 Fire Prevention Week. Fire Prevention Week takes place October 7-11.

According to the National Fire Protection Association, “You may have as little as one to two minutes to escape safely from the time the smoke alarm sounds. Escape planning and practice can help you make the most of the time you have.”

The week will culminate with a visit from members of our Northwood Volunteer Fire Department on October 11. Kindergarten classes will also travel to the Northwood Fire Station and have a tour of the building and hear about the different equipment.

National Bus Safety Week is during the week of October 21-25. The theme is, “My School Bus, The Safest Form of Student Transportation!” Daryl Love, Director of Transportation for Northwood-Kensett, along with classroom teachers will review safety details of an evacuation and discuss ways to make it efficient.

You can help us by having a conversation with your student(s) about the importance of Fire safety and bus safety.

Thank you for your continued support,

Brian Costello

**From the Desk of Mr. Crozier, Superintendent:
Notification System**

Again, this year we will be using the JMC notification system. If you would like additional numbers added to the list, please let the elementary or secondary secretaries know. I will always try to make a decision on cancellations and delays as soon as possible. Sometimes it does come down to the last minute and that causes issues for some parents. If that happens this year, I apologize in advance.

If you are not getting the notifications, please notify the building secretaries.

Have a great fall and enjoy the cool weather.

It is the policy of the Northwood-Kensett Community School District not to illegally discriminate on the basis of race, color, national origin, gender, disability, religion, creed, age (for employment), marital status (for programs), sexual orientation, gender identity and socioeconomic status (for programs) in its educational programs and its employment practices. There is a grievance procedure for processing complaints of discrimination. If you have questions or a grievance related to this policy please contact Keith Fritz Secondary Principal, 704 7th St. N., Northwood, IA 50459, Phone 641-324-2021 x101, kfritz@nkvikings.com who has been designated as the district's Equity Coordinator and to coordinate the school district's efforts to comply with the regulations implementing Title VI, Title VII, Title IX, the American with Disabilities Act (ADA), Section 504, and Iowa Code Section 280.3. For issues with Section 504 Contact Brian Costello Elementary Principal, 504 Coordinator, 1200 First Avenue North, Northwood, IA 50459, Phone 641-324-2021 x201, bcostello@nkvikings.com

From the Pile off Mr. Hartman's Desk

Well, it's late September and our fall athletic programs are off and running. There have been some changes in our fall sports staff this year. We have a new but not unfamiliar head volleyball coach this fall as Heather Rheingans is once again leading our volleyball program. Trevor Hunt, our new PE teacher, is volunteering with the high school football program and you will also see Trevor this winter as he will be our assistant girls basketball coach.

One other change this fall is we have started to baseline test all of our athletes in case they sustain a concussion. We are using a program called ImPact, ImPact is a sophisticated, research-based computer test developed to help clinicians evaluate an athlete's recovery following concussion. When a concussion is suspected, a follow-up test is administered to see if the results have changed from the baseline. This comparison helps to diagnose and manage the concussion.

Before our athletes could start practice this fall we had them take the baseline test. Each student athlete spent between 30 and 45 minutes taking the test to see if they can remember different words, shapes and colors while doing different tasks on the computer. It is quite challenging.

It is our hope that by having our athletes take the baseline test, it will help doctors better treat our students and have them return to practice and competition when they are ready and no longer have any long term health risks.

GO VIKINGS!

Parent/Teacher Conference Schedules for Elementary Grades K-6

Parents were recently emailed the url to sign up for our annual fall and spring conferences. You can access those conferences on the Northwood Kensett Viking website www.nkvikings.com under the elementary tab on the home page. You can go in and recall a conference at any time and sign up for a new time if your schedule has changed. All you need to know is your child's teacher. This is the same system we used for opening conferences in August and it worked out very well. You can always log in and check the time of your conference if you have forgotten your date or time. The Signup.com system will also email you a reminder of your scheduled conference closer to the conference date if you provide all of the required information.

News from the Family & Consumer Science Class-by Mrs. Megan Thorson

Check out what's cooking in FCS classes.....

Students in the Family and Consumer Science classes (FCS) have had a great beginning of the school year. I was fortunate enough to add a 2nd Foods class this fall due to the overwhelming response to students wanting to cook and be part of a FCS class. We also added a Work-Based Learning class for students wanting to learn job skills while earning credit. What a great way for students to learn by doing outside of the classroom all while exploring a possible career.

Although some of you may only see pictures of the kids cooking or talking about the food we have made; I see reading, measuring, math, following directions, collaboration, listening and problem solving as part of our daily work in the FCS classroom. Not only are the students learning how to cook in many of the FCS classes, but they are also learning those 21st century learning skills that are needed to be lifelong learners and that are transferred to many other aspects of their life.

The Viking Cafe students are continuing to “learn by doing” as we have started our Friday rotations of Teacher desserts and Viking Cafe meals that are open to anyone. We would love for you to join us some Friday for a meal in room #14 at the Jr/Sr High. Check out our menu on the NK facebook page. Our next CAFE dates will be October 4 for State Fair Foods and the 18th for a Spooky Halloween Meal.

Our FCS Club, FCCLA, is just starting up for the year and will be doing various community and state wide service projects. A few students will also be learning more about competitive events this year and we hope to have a few compete at the State Competition next Spring. FCCLA will be hosting a Blood Drive on January 15. Put the date on your calendar and think about donating! The students will take good care of you when you are done and have some homeade treats for you for donating.

Keep up to date with FCS on our Facebook page: Northwood Kensett Family and Consumer Sciences.

Pictured below are students practicing their knife skills and also making chicken for fettuccine alfredo as we talk about preventing food borne illnesses.



FROM THE DESK OF MR. FRITZ

Juuls.

E-cigs.

Vaping.

It was only a couple of years ago when school administrators in Iowa were advised to include a new term, "e-cigs" in their policies that prohibit certain substances and items on school grounds. We didn't know much about them at the time.

Since then, teen use of vaping devices has skyrocketed, with as many as a third of high school students saying they have used or do use e-cigarettes. You all know the dangers associated with such high use, I'm sure: nicotine addiction, memory loss, problems with impulse control, and mood swings. Not to mention the fact that the vapor is also a popular way to deliver the active ingredients in marijuana.

The vapor is physically damaging to the lungs themselves, as well. That oily liquid only converts to vapor for a short time. Once it's in the lungs and cools down, it reverts back to its liquid state. Gross? At a minimum, yes! More importantly, it's harmful to those tissues.

Talk with your kids about vaping. Help us help them realize it's harmful, wrong, and more long-lasting in its negative effects than they think. They're listening, even through the eye-rolling you might get by bringing it up.

HIGH SCHOOL FOOD PANTRY (FALL 2019)

Items available at the high school food pantry. The food pantry receives a new truck of food on the first Tuesday of each month. Any one can pick up food items any time during school hours. Please check in at the high school office, or stop by door 18 on the south side of the high school- between 3:30 and 4:00 pm is the best time to pick up items.

Current Food Supplies
Assorted canned Fruit
Canned Vegetables
Assorted Spices
Rotini Noodles
Egg Noodles
Spaghetti noodles
Peanut butter
Canned Spaghetti Sauce

White and Brown Rice
Turkey Breast Frozen
Fresh Eggs
Whole Frozen Chickens
Assorted Pork Cuts
Chicken hind QTRS
Canned Chicken/Tuna
Mac & Cheese

WE WANT YOU!



Counselor's Corner, Mrs. Ashley Williams

In Guidance classes throughout September, we have discussed and completed activities surrounding the Trustworthiness pillar of character. We have also worked on getting to know our classmates better and building a team within our classrooms. Our sixth grade classes put on an assembly explaining what trustworthiness means. They showed a video, as well as created a rap and a dance!

In addition to discussing our pillar of the month, we also have begun to discuss the concept of a growth mindset. A growth mindset is a positive way of thinking about things. It changes the way we think about things to allow for change. For example, instead of saying, "I'm not good at this," it encourages students to ask, "What am I missing?" We will continue talking about growth mindsets throughout the school year.

Jr. Viking Way groups were formed in grades 5 and 6. The students involved in these groups were nominated by their peers for being good examples of character counts students. This group of student leaders will meet once per month during lunch to discuss ideas for school climate improvement and the organization of different activities at school. The Jr. Viking Way groups helped to spread the word about our homecoming dress up days by making posters and sharing the information with their peers.

As always, please feel free to contact me if you have any questions or concerns. You can reach me by email at awilliams@nkvikings.com or by phone at 641-324-1127 ext. 216!



Counselor's Corner, Mrs. Amy Hansen

Counselor's Corner

Viking Dispatch- October 2019

Amy Hansen

I want to start this article by giving a shout out to some Viking students and alumni. I was sincerely impressed when I witnessed several current and recently graduated student body members handle themselves in a difficult online conversation not too long ago. Not once did a student enter the conversation to name call, play the "blame game", or otherwise act unbecomingly. Seeing examples of student behavior like that help me know that our NK students are arriving at adulthood with the skills needed to make positive changes in this world.

As you're probably already aware, the community we live in has several social media outlets for sharing community information. 98% of the time, it's a useful tool to have in order to get the word out quickly and efficiently. That other 2% though— it's disappointing to see a usually close-knit and hard working community attack each other on a forum that many of us will see.

Our school does our best to model and promote appropriate, mature communication in a variety of settings. Mr. Ehlke's document processing class includes lessons on "netiquette," for example, to emphasize appropriate behavior on the internet. School is one of the places that helps students develop and refine important communication skills that allow them to succeed out in the world of work and in their personal lives. However, it's not the only place where students learn these skills.

They also learn those skills by watching the adults around them. Teachers, parents, neighbors, coaches, members of the community— the village does raise the child to some extent or another. As I've previously written about in regard to teaching principles of bullying and treating others with tolerance and respect, one of the best ways we can help support young people's development of "life skills" is to be good examples for them. When we allow our emotions to overtake our natural inclinations to act with maturity and civility, we tell the students in our community that that is an appropriate, acceptable way to behave.

This month, when we communicate on both public and private social media, I hope we as a community consider the impact their words might have on our most impressionable members. Our kids rely on us to do our best, and it's up to us to do our best for them.



Nurse’s Corner –Heather Rheingans, RN

Flu season is just beginning and can put a big halt to our students’, and your, daily routine. The best protection against the flu is to get the flu shot or mist. Flu shots are recommended for everyone 6 months or older. Interestingly, health officials say that the flu mist is the preferred vaccine for children 2-8 years old because the vaccine has been shown to work particularly well for this age group.

Exactly when flu season starts and ends is unpredictable, so health officials recommend that people get their flu shot in early fall, preferably before October. Flu activity typically peaks in January or February, but it’s a good idea to get vaccinated before flu activity becomes prevalent in most communities. After vaccination, it takes about 2 weeks for your body to develop its immunity.

Influenza, commonly known as "the flu", is an infectious disease caused by the influenza virus. Symptoms can be mild to severe. The most common symptoms include: a high fever, runny nose, sore throat, muscle pains, headache, coughing, and feeling tired. These symptoms typically begin two days after exposure to the virus and most last less than a week. The cough, however, may last for more than two weeks. In children there may be nausea and vomiting but these are not common in adults. Nausea and vomiting occur more commonly in the unrelated infection gastroenteritis, which is sometimes inaccurately referred to as "stomach flu" or "24-hour flu". Complications of influenza may include viral pneumonia, secondary bacterial pneumonia, sinus infections, and worsening of previous health problems such as asthma or heart failure.

STOMACH “FLU” VS. THE “FLU”

NICKNAMES
 · Stomach Flu, Stomach Bug, Pukey Flu,

WHAT IT REALLY IS
 · Viral Gastroenteritis

CAUSES
 · Norovirus, Rotavirus

INCUBATION PERIOD
 · Symptoms appear 1-3 days after exposure

SYMPTOMS
 · Diarrhea, vomiting, nausea, stomach cramps, muscle aches, headache, low-grade fever

HOW LONG IT LASTS
 · Symptoms typically last 1-3 days but can linger for up to 2 weeks

TREATMENT
 · Fluids, bland food and rest

CONTAGIOUS PERIOD
 · You can be contagious 2 days BEFORE to up to 2 weeks after symptoms appear

HOW IT SPREADS
 · Fecal-Oral Route:
 When poopoo or vomit particles get in your mouth!

PREVENTION
 · Handwashing, quarantine and properly killing the virus
THE FLU SHOT WILL NOT HELP YOU!

SURFACE LIFE
 · The virus can live on surfaces (countertops, toilets, doorknobs and even the floor) for up to 3 WEEKS!

HOW TO KILL IT
 · Bleach, bleach and only BLEACH!

NICKNAMES
 · Flu

WHAT IT REALLY IS
 · Influenza

CAUSES
 · Human Influenza A, B and C Viruses

INCUBATION PERIOD
 · Symptoms appear 1-4 days after exposure

SYMPTOMS
 · Fever over 100° F, nasal congestion, cough, sore throat, muscle aches, chills and sweats, fatigue and weakness

HOW LONG IT LASTS
 · Symptoms typically last 1-2 weeks

TREATMENT
 · Fluids, rest, pain relievers, decongestants and anti-virals

CONTAGIOUS PERIOD
 · You can be contagious 1 day BEFORE to up to 7 days after symptoms appear

HOW IT SPREADS
 · Inhalation of tiny droplets made when people cough, sneeze or talk. Less commonly by touching a contaminated surface

PREVENTION
 · Flu Vaccination (Shot), handwashing, limited contact with infected individuals

SURFACE LIFE
 · The virus usually only lives on surfaces for 24 hours

HOW TO KILL IT
 · Soap and water, disinfectant wipes (Clorox/Lysol), disinfectant sprays (Lysol), alcohol-based hand sanitizer, bleach, hydrogen peroxide



The chart above depicts the differences between the “stomach flu” and “the flu”!

This article is continued on the next page.

Nurse's Corner-Heather Rheingans, RN

There's a common misconception that you can get the flu from the flu shot. This simply is not true. The viruses in the flu shot are killed, so people cannot get the flu from a flu vaccine. However, because it takes about two weeks for people to build up immunity after they get the flu vaccine, some people may catch the flu shortly after they are vaccinated, if they are exposed to the flu during this time period. The nasal spray vaccine contains a "live attenuated" flu virus, but the virus is weakened so that it cannot cause the flu. The viruses in the nasal spray can't replicate in the warm temperatures of the lungs and other parts in the body. However, because temperatures in the nose are colder, the virus causes a small infection in the nose. This infection does not cause symptoms in most people, but in some people, it causes symptoms such as runny nose and sore throat. This local infection will prompt the body to make antibodies against the flu virus, which provides better protection against the real flu.

Influenza is a potentially deadly disease. It can, and does, kill even young, fit, and healthy people every year.

After a flu vaccine you may feel a **LITTLE unwell** for a **SHORT** time, with symptoms such as a temporary mild fever, and fatigue.

THIS IS NOT INFLUENZA



Influenza is an illness that lasts for weeks, and can lead to persistent high fevers, prolonged muscle pain, headache, respiratory failure, cardiac failure, and death.



Reasons why you might have flu-like symptoms after the influenza vaccine:

1. You mount an excellent immune response to the vaccine, which can make you feel mildly unwell for a short while.
2. You caught influenza before the vaccine had a chance to work (it takes 2 weeks for it to reach maximum effectiveness).
3. You caught a strain of influenza not covered by the vaccine (the vaccine covers the strains expected to be the most common, and most dangerous for the season, but there are others).
4. You have a nasty cold!

www.nrvs.info



New Resource for N-K Students & Families: Social Worker, Amy Abels!

Exciting Addition to our NK Family!

Article compiled by Mrs. Amy Hansen, Jr. Sr. HS Guidance Counselor

Over the summer, the communities of Northwood-Kensett, Central Springs, and Lake Mills CSD joined together to bring a shared school social worker to our schools. Amy Abels will be serving each of these communities on a part-time basis (1-2 day/week in each district).

Amy is originally from Forest City. She graduated from NIACC and the University of Northern Iowa with a degree in Social Work. She received her Master's of Social Work from the University of Iowa and is licensed in the State of Iowa.

Amy has worked with youth and their families in several facets including: in school settings, youth shelters and with the homeless youth population. She worked several years in Polk County's Community, Family and Youth Services department before relocating back to north Iowa. She currently resides in Forest City with her husband and 3 children. She is passionate about working with students and is looking forward to being able to assist them and their families with their needs.

After our last in-school counseling partnership ended last year, we were unable to provide mental health counseling in the school setting. With the addition of our new social worker, we will be able to provide mental health counseling once again to referred, consenting students (along with their families.) Our school counselors and other school staff members will be able to refer students in need, but N-K families can also refer their student(s), and students can refer themselves. Families will have the option of declining these referrals, as well.

After an initial meeting with Mrs. Abels, the student who wishes to attend counseling in the school setting and his/her family member(s), the student will attend weekly counseling sessions until he/she has reached the goals set at the beginning of counseling. Mrs. Abels will maintain a manageable counseling caseload and will begin with new counseling clients as others finish up their work with her.

Mrs. Abels is also able to help families with locating helpful community resources. If families are looking for a specific kind of assistance and aren't sure how to find it, they can contact Mrs. Abels with an inquiry directly, and she can help connect families who want a service with local services that are available to us.

We are excited here at Northwood-Kensett for Amy Abels to join us to help better address the counseling needs of our students right here at school, eliminating transportation barriers and adding a local provider who is here to serve the needs of Northwood-Kensett. If you have questions about Amy Abels' available services here at N-K, please feel free to contact her at aabels@centralsprings.net or at 641-324-2142 ext. 307

News from the Classroom

What's happening in 4th Grade Classroom? By Mr. Troy Einertson

One of the major changes we have had in the past year is the use of technology in our classrooms. With the way teaching and learning is changing, we thought it was very important to use the computers that the school has given our students to our advantage. One of the ways we utilize this technology is through the use of Seesaw in our classroom. Since the beginning of last year, we have been using Seesaw to communicate with parents, and to show them what their students have been doing in 4th grade. This year we have taken it a step farther, and we are having the kids demonstrate their understanding of our I Can Statements using one of the many features Seesaw has to offer.

We do this by loading all of their work onto Google Classroom and from there we begin our lesson with our I Can Statement. After the lesson is taught, our students now will create a piece of work on Seesaw to not only show us, but their parents that they are understanding what we are trying to get out of our I Can Statements. Parents see their posts even before we do and this gives the students a more realistic learning experience because now they are demonstrating their understanding not only to us, but their parents as well. Parents can comment on their student's work, and this gives the students a more authentic learning experience because they can get instant feedback from their parents. This makes their learning even more higher order thinking because it is getting their parents involved in what they are doing, and they are putting even more pride into their work. This also keeps the parents aware of any trouble that their student may be having in school.

By using sites such as Google Drive and slides, and using Kami to convert PDFs into a working document we are also able to go virtually paperless in our room. This allows us to show even more work on Seesaw because it is compatible with all of these sites, and the kids can upload all of their completed work to Seesaw. Once the kids upload all of their work, they can now explain what they did, how they did it, and why they did it by recording their voice in either the voice caption option, or just by simply recording it directly to their work. Again, this is a great way for them to demonstrate understanding to their parents. As soon as they upload all of their work, their parents can see their work and give them instantaneous feedback on what they think.

My students and parents love the use of Seesaw, and I cannot think of a better site to have for parent communication, demonstrating understanding, and showing student's work. With its compatibility to other sites, and user friendly features it takes a lot of the headaches out of getting student's work showcased for others to see, and for them to get instant feedback on what they did.

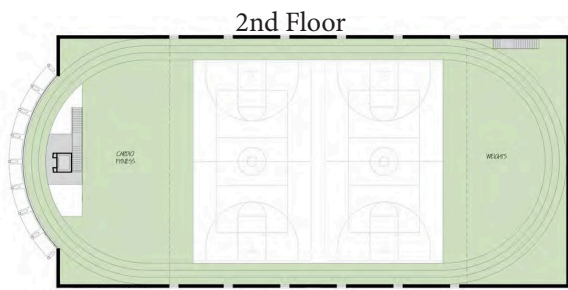
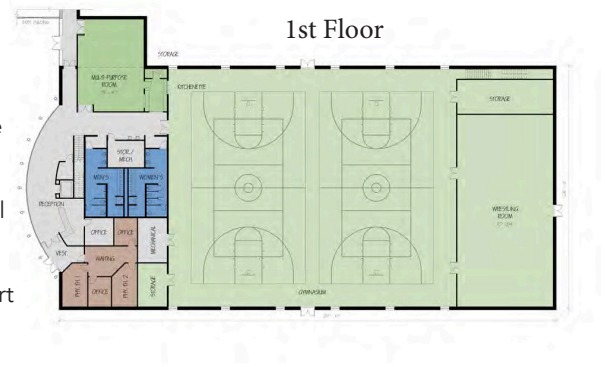
Photo retakes by Lifetouch are happening Thursday, October 17th in the elementary media center and high school front hallway. If you do not care for the fall photo taken during opening conferences, please return your package for your child to take to the camera that morning. The photographer should be ready to roll by 8:30 if not sooner. This is also the when the students who were not available that day will have their photo taken. Every child must be photographed if possible so that they may be included in the class composite.



Vikings Activity Center

What is the Vikings Activity Center? The Activity Center is a wellness center that will be available to all members of the community and N-K students, as it is planned to be attached to the N-K High School. The bottom level of the facility includes two full-sized wooden basketball/volleyball courts; baseball/softball pitching and hitting areas; a wrestling room capable of fitting two full-sizes mats, which can also double as a cheerleading practice room; a multi-purpose room; a men's & women's locker room; two office spaces available for rental to offset operation expenses; and a receptionist desk. The upper level contains a walking/running track, space for cardio machines, and a separate space for weightlifting. With the growth of youth programs and activities space is limited and we cannot accommodate the needs of all age groups adequately. The committee has partnered with the school and we feel the Activity Center would be an asset to both our school and community.

Our committee represents a group of citizens working to provide an increased opportunity for health & wellness in a partnership between the school and community. (The school board had a similar vision for the future as did the community.) It makes sense to partner together to build the facility. Our committee's goal is to push that vision forward by raising funds. The Activity Center has an estimated cost of \$5.4 million dollars. The school has committed 4 million dollars to the project. In order to break ground and begin construction for a center available to the community we need to raise 1.4 million dollars by January 31, 2020. Without community financial support some of the project amenities open to the public may be eliminated.



We are actively seeking and accepting tax deductible donations for this project from the community. If you have any questions before donating, you can contact any one of the committee members or send a message to our Facebook page. By donating at this time, we can show the school and community that there is strong support for this project and that the community wants and needs this facility. There will be a donor list published on social media and in the Northwood Anchor. Follow us on Facebook @ Vikings Activity Center for updates. Please consider donating to this worth-while project that will enhance the quality of life for not only N-K students, but children, adults and senior citizens in Northern Iowa/Southern Minnesota and surrounding area. Let's put Northwood and the Vikings Activity Center on the map!

Vikings Activity Center Donation

Name(s) or Business Name _____
 All donation levels \$1000 and above will be recognized on the "Wall of Fame"

- Diamond (\$100,000+) Gold (\$5,000-\$24,999)
 Platinum (\$25,000-\$99,999) Silver (\$1,000-\$4,999) Other (\$ _____)

Donations can be made payable to N-K Booster Club - Vikings Activity Center
 % Bradley Christianson - President
 97 5th Ave N. Northwood, IA 50459 or
 accounts have been set up at NSB Bank and PayPal.
vikingsactivitycenter@gmail.com

Thank You, We Appreciate the Support!

Committee Community Members

- | | |
|----------------------|-----------------|
| Bradley Christianson | Ron Hengesteg |
| Wendy Weisert | Keith Fritz |
| Amber Julseth | Kris Kenison |
| Shana Brunsvold | Steve Peterson |
| Jared Johanns | Regina Krambeer |

Northwood-Kensett Vikings

Legacy Bricks



Here is your chance to etch your name in stone in the new
Vikings Activity Center!

- * A Legacy Brick is an 8" X 8" brick paver, made of granite stone. Each brick will have the N-K Vikings logo, and an additional 4 lines for personalization.
 - * All of the Legacy Bricks will be displayed on a wall within the Vikings Activity Center.
 - * The Legacy Bricks will be made by the same company that made the brick pavers for the plaza in front of US Bank Stadium in 2016.
 - * These Legacy Bricks will also make great gifts, memorials, class donations, etc.
- \$\$\$ The cost of a Legacy Brick is \$300. We are offering a second, duplicate brick that you can display in your home/office/workplace/etc. for an additional \$200.

Order your Legacy Brick(s) today - we would like to get these orders in by
December 31, 2019. See order form below:

Name: _____

Address: _____

Phone: _____

_____ Option 1: Legacy Brick displayed in Vikings Activity Center \$300

_____ Option 2: Legacy Brick displayed in Vikings Activity Center + 1 duplicate \$500

Personalization: 4 lines, 16 characters per line, including spaces

Please send order form and check to: N-K Booster Club - Vikings Activity Center
Bradley Christianson - President
97 5th Ave N, Northwood, IA 50459

OR

Email your order to vikingsactivitycenter@gmail.com, and either send a check to the address listed above, or pay via PayPal to the email listed above